RELIVEX

ANTI-ANXIETY TABLETS

WHAT IS ANXIETY?

- Anxiety is a common mental health condition
- Causes feelings of worry, fear, and restlessness
- Can affect sleep, focus, and daily activities
- May be short-term or long-lasting if untreated



WHAT ARE ANTI-ANXIETY TABLETS?

- Medications designed to reduce anxiety symptoms
- Work by calming brain activity
- Help manage stress, panic attacks, and nervousness
- Often prescribed for short- or long-term treatment

BENEFITS OF ANTI-ANXIETY TABLETS

- Reduce anxiety and stress levels
- Promote relaxation and emotional stability
- Improve sleep quality
- Enhance focus and daily functioning
- Support overall mental well-being



COMMON USES

- Generalized Anxiety Disorder (GAD)
- Panic attacks
- Social anxiety
- Stress-related sleep problems
- Anxiety linked to depression

SAFE & RESPONSIBLE USE



- Take only as prescribed by a healthcare professional
- Follow recommended dosage
- Avoid alcohol unless advised
- Do not stop suddenly without medical guidance
- Report side effects if any occur

TRUSTED ACCESS

- Quality-checked medications
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